

# STOP, SLOW DOWN, OR GO - DOG EMOTIONAL AROUSAL CHART



• **Red - Stop - Very high state of emotional arousal.**

Fight or flight.

• **Amber – Slow down - Heightened state of emotional arousal.**

Freeze and fiddle - panting, shaking, grabbing food, crouching, ears back, wrinkled brow, whites of eyes obvious, vigilance/scanning, dilated pupils, grooming, sniffing, lip-licking, yawning, sleeping

• **Green –Proceed. Low state of emotional arousal.**

Calm and relaxed